



Evidence for dietary recommendations— the role of nutritional epidemiology

Date & time: November 14, 13:00–17:00

Venue: Beijer Hall, The Royal Swedish Academy of Sciences,
Lilla Frescativägen 4A, Stockholm



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Programme

Chairpersons: Anna Winkvist & Hanna Eneroth

13.00

Welcome and introduction

Birgitta Henriques Normark, President of the Royal Swedish Academy of Sciences

13.10

Evaluation of scientific evidence in nutrition research—experiences from the British Scientific Advisory Committee on Nutrition (SACN)

Julie Lovegrove, Director of the Hugh Sinclair Unit of Human Nutrition; Deputy Director for the Institute for Cardiovascular and Metabolic Research, University of Reading, UK Deputy Chair, Scientific Advisory Committee on Nutrition (SACN)

13.40

The analyses of observational studies in nutritional epidemiology following the paradigm of a target trial.

Xabier Garcia de Albéniz, Director, Epidemiology, RTI Health Solutions, Spain; affiliated with the Program on Causal Inference, Harvard TH Chan School of Public Health, USA.



14.10
Intermission with coffee

Chairpersons: Anna Winkvist & Anna Karin Lindroos

14.40
Nordic Nutrition Recommendations (NNR) 2023. Methods and procedures
Rune Blomhoff, Department of Nutrition, University of Oslo, Norway;
Head of the NNR2023 Committee

15.10
Systematic reviews for NNR2023. What did we learn?
Agneta Åkesson, Department of Environmental Medicine, Karolinska
Institutet, Sweden; Head of the Systematic Review Centre of NNR2023

15.30
Short break

15.40
A healthy dietary pattern according to NNR2023
Eva Warensjö Lemming; Department of food studies, nutrition and dietetics,
Uppsala University, Sweden; member of NNR2023 Committee

16.10
Moving from nutrition recommendations to food based dietary guidelines
Inge Tetens, Department of Nutrition, Exercise and Sports, University of
Copenhagen, Denmark

16.40
Concluding remarks
Annica Sohlström, Director General, Swedish Food Agency

17.00
End of the symposium

The symposium is organised by the Swedish National Committee for Nutrition and Food Sciences, at the Royal Swedish Academy of Sciences and the [Swedish Food Agency](#)

The event is free of charge and open to the public but registration is required for all participants.

[Registration will open September 1, here>](#)

Contact
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